

***The Hapkido Tae Kwon Do Institute***  
**Kwon Ko Do Self-Defense Survey Form**

*All forms are confidential and are used to further enhance your experience with the martial arts. Your thoughts and comments are needed to select areas that you wish to concentrate on, identify problem areas (both with us and with you), and recognize outstanding ones. Thank you for your time in completing this form!*

*Please circle answers where applicable or fill out as directed.*

1. What area(s) of training at HTDKI are most important to you? (Please rank 1-10)  
 a) learning specific techniques for specific situations (i.e. mugging, rape, etc.)  
 b) learning general self-defense techniques (to apply to a variety of situations)  
 c) learning the “warrior mindset” to fight effectively  
 d) learning target areas (“soft” targets, pressure points, weak areas of body)  
 e) learning escapes from holds and chokes  
 f) learning how to punch and kick effectively  
 g) learning the curriculum starting at White Belt and progressing to Black Belt  
 h) physical fitness – increase strength, endurance, cardio, flexibility, etc.  
 i) mental fitness - reduce stress, improve concentration, focus, patience, etc.  
 j) other: \_\_\_\_\_
  
2. What is your preference for how classes are conducted? (check one)  
 a) formal - like a regular class – serious and professional  
 b) informal – fun and open - teach differently every time based on your input  
 c) a mix between the two
  
3. What is your preferred class size? (circle one) 1-3 4-8 9-12 12-16 16+
  
4. How important are reference materials to you (i.e. handouts, videos, etc.)  
a) very important  
b) somewhat important  
c) not very important  
d) not at all important
  
5. Have you trained in something like this before? Yes No

If yes, please describe briefly.

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6. What interests you the most about taking classes?

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7. How would you describe your level of fitness? (circle one)  
 a) fit and in shape – workout regularly  
 b) a little out of shape – workout irregularly  
 c) pretty out of shape – haven't worked out in some time  
 d) very out of shape – haven't worked out in a LONG time
8. Who's idea was it to enroll in martial arts classes?  
 a) my idea  
 b) my child's idea
9. Class Day and Time Preference (circle option a) OR chose 1 from option b) and 1 from c):  
 a) immediately after my child's class–Mon & Wed: kids 5:30-6:15pm / parents 6:15-7pm  
 OR  
 b) separate day (circle one):    Tuesday            Thursday            Friday            Saturday  
 c) separate time (circle one & enter time): morning \_\_\_\_\_ afternoon \_\_\_\_\_ evening \_\_\_\_\_
10. Lastly, how did you find out about us? Please be very specific as this information helps keep our programs affordable by not wasting money on advertising that doesn't work.

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Detach and submit your contact information separately if you wish to keep your survey questions private. All answers are kept strictly confidential and are used solely to enhance your experience at the *Hapkido TaeKwonDo Institute*. Your email address will only be used for our use and will not be sold.

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Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Class Preferences (please rank):

	DAY:	TIME:
___	Monday	6:15-7pm
___	Tuesday	6:15-7pm
___	Wednesday	1-2pm
___	Wednesday	6:15-7pm
___	Thursday	6:15-7pm
___	Friday	1-2pm
___	Saturday	10-11am
___	Saturday	1-2pm

There will be a minimum number of students needed for a given class, so please discuss with the other parents the best days and times according to your schedule. Our feeling is that it would be best to have you be able to get in a class while you are here with your child, however it may be your preference to come alone so as to better concentrate and learn. That is what we are hoping to find out from this survey.