



Guest Instructor Request Form

One of the things that makes someone well-rounded when it comes to self-defense training is the ability to learn from others outside one's general field of study. Here at the *The Hapkido Tae Kwon Do Institute* we firmly believe in that philosophy, and we constantly learn from other styles and disciplines of others in order to continually advance our own knowledge and training.

If you are interested in having one of our instructors visit your school for some fresh ideas and techniques outside of your school's curriculum, we are happy to perform seminars for your school at your location. A typical seminar can be 2 hours, ½ day or an entire day – it's up to you.

Please fill out the following and send it in, and we will get back to you promptly about scheduling a seminar as a Guest Instructor at your School.

Name of School: _____

Name & Rank of School's Master: _____

Contact Person (if different than above): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ email: _____

School's web site: _____

The requested time that you would like the seminar to take place is _____.

It is required that the School provide adequate space for instruction. A minimum of 20' x 20' (400 sq feet) is recommended to ensure proper instruction of techniques. If this space is not available, the Venue acknowledges that the Seminar will be adapted to work in the space provided.

Techniques in our Seminars typically involve a mix of hapkido and tae kwon do including:

- Escapes from grabs
- Escapes from chokes
- Defense and counter strikes against punches
- Defense and counter strikes against kicks
- Defense and counter strikes against knife attacks
- Escort and immobilization techniques

If there is an interest in having any specific technique(s) demonstrated, it must be put in writing and submitted to the Institute no less than 2 weeks prior to the event. If adequate time is not given, proper practice of the technique(s) for the seminar will not be possible and it will not be included.

Cost is a flat fee for Seminars lasting up to 2 hours and is \$250 paid in advance. Seminars that are ½ day (4 hours) are \$500 and full-day seminars (7 hours) are \$750. Forms of acceptable payment include check, cashier's check, money order, credit card, or cash.